



WHAT IS A PREVENTATIVE CARE VISIT?

A preventative care visit (a.k.a. Complete Physical, “Annual Exam”) is aimed at maintaining health and preventing disease. It includes a health history and risk factor assessment, a physical exam, the ordering of appropriate immunizations and age-appropriate screenings such as a mammogram, colonoscopy, and prostate exam, and/or screening laboratory tests. A preventative exam is not a follow-up visit or a problem-based visit. It is intended to screen and prevent any medical problem as opposed to evaluating and treating them.

WHAT IS A MEDICARE ANNUAL WELLNESS EXAM (AWV)?

A Medicare annual wellness exam focuses on creating a personalized prevention plan, reviewing your health history, risk factors, and medications, and developing future health goals. The yearly “wellness” visit is not a routine physical. A physical exam is a hands-on, provider-performed assessment of your current health status, including a physical check of your body and potentially ordering lab work to diagnose or manage existing health issues. **Routine labs during an annual wellness exam may go towards your copay, deductible, or coinsurance.**

WHAT IS A PROBLEM VISIT?

A problem visit is to evaluate an acute or chronic medical problem. Acute problems include injuries, infections, new depression, UTI, cold and flu symptoms, or any other new or worsening condition. Chronic problems include high blood pressure, cholesterol, diabetes, gout, reflux, osteoporosis, depression or medical problems that must be monitored over time.

WHAT DOES IT MEAN TO HAVE A SECOND SERVICE AT MY PREVENTATIVE OR MEDICARE AWV?

Many people would like the convenience of addressing issues with a single visit. **If time allows, at the discretion of your provider, new problems or chronic disease follow-up issues may be addressed.** This will likely constitute a “second service”, which may then be subject to a copay/deductible or coinsurance. If you would prefer to discuss these problems on a separate visit, please advise your provider and schedule a return visit.



LABORATORY BILLING

Routine labs such as a Lipid Panel, General Health Panel (CBC, TSH, CMP, BMP), and Urinalysis may be applied to your deductible/coinsurance or copay. If your provider recommends these tests and you choose to have them performed, you will be billed for these services. We will file your insurance for you, and you will be responsible for any portion that your insurance does not cover or applies to your copay/deductible or coinsurance, whether it is for uncovered preventive services or chronic conditions management.

***If you have a health concern that needs immediate attention, your provider may need to address this in place of your annual exam or in addition to.

I have read and understand the above information, and I will be responsible for all charges.

**Patient or authorized
representative
signature:**

Date:
